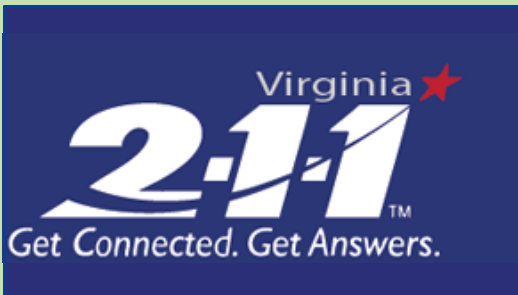


A Quick Guide to Relief Programs



2-1-1 Virginia is the Commonwealth's 24-hour information and referral service that provides access to free and confidential crisis and emergency counseling, disaster assistance, food, health care, insurance assistance, stable housing and utility payment assistance, employment services, Veteran services, and childcare and family services. Virginians can access resources within their local area by dialing 2-1-1, texting "Connect" to 247211, or by visiting 211virginia.org.



Virginia Rent Relief Program (RRP)

If you or someone you know is having difficulty in making rent payments, you may be eligible for the Virginia Rent Relief Program (RRP). Depending on availability of funds and household need, the RRP may provide financial assistance for rent payments for eligible households.

Check Eligibility Online - www.dhcd.virginia.gov/eligibility or call: **2-1-1**



The **Child Care Subsidy Program** assists families in paying child care costs for children under age 13 who are not eligible to attend public school during the part of the day when public education is available, or children with special needs under age 18 who reside with the applicant. If you are eligible and are approved for services, the Subsidy Program can pay a portion of your child care costs directly to the child care provider.

[Click here](#) to view the Child Care Subsidy flyer. Apply online or screen for eligibility through [CommonHelp](#) or contact your [local department of social services](#).



Temporary Assistance for Needy Families (TANF)

The TANF program provides eligible families with a monthly cash payment to meet their basic needs. For a child to be eligible he must be:

- Under age 18, or if 18, will graduate from high school before age 19
- Going to school regularly if he is between the ages of five and 18
- Living with a parent or other relative
- A U.S. citizen or an eligible immigrant

Apply online using Commonhelp <https://commonhelp.virginia.gov/access/> or call: Enterprise Customer Service Center at **(855) 635 - 4370**



Supplemental Nutrition Assistance Program (SNAP) is a federal program that provides nutritional assistance to eligible individuals and families. SNAP provides a monthly benefit to households through an Electronic Benefits Transfer (EBT) card to supplement the purchase of nutritious foods. Temporary SNAP assistance is also available for some [college students](#).

Eligibility for SNAP benefits is based on financial and nonfinancial criteria. To determine eligibility and/or apply for SNAP benefits online, visit [CommonHelp](#) or contact your local department of [social services](#).



Energy Assistance - Applications for help with your heating and cooling bills or equipment needs are accepted online (at commonhelp.virginia.gov/access/), by calling the Enterprise Customer Service Center at **(855) 635 - 4370**, and at your local department of social services. Additional program information is available [here](#).



Medical Assistance

Virginia offers several medical assistance programs to provide health coverage for eligible individuals, to include pregnant women, Supplemental Security Income (SSI) recipients, children under the age of 19, and adults aged 65 or older, blind or disabled. Eligibility requirements vary, and financial and non-financial criteria must be met. To apply or learn more, visit [CommonHelp](#). A [Medicaid/ Family Access to Medical Insurance Security \(FAMIS\) Application Assistance tool](#) is also available to provide additional application assistance.



The **Commodity Supplemental Food Program (CSFP)** works to improve the health of low-income persons at least 60 years of age by supplementing their diets with nutritious USDA Foods. USDA distributes both food and administrative funds to participating states and Indian Tribal Organizations to operate CSFP.

Call your local Food Bank to participate in the program. Visit <https://www.feedingamerica.org/find-your-local-foodbank>



The **Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)** provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

Apply online <https://www.myvawic.org/>

For More Information call **877-835-5942**